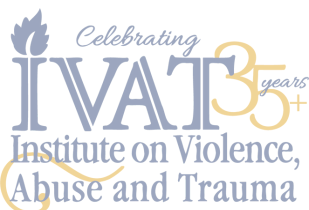


BRING ADVANCED CLINICAL TRAINING AND CONSULTATION TO YOUR ORGANIZATION!



Mary Jo Barrett, MSW, is the Founder of Collaborative Change Consultation. Ms. Barrett has been working in the field of family violence since 1974 beginning with Parents Anonymous. She created the Collaborative Change Model, a contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events. Her training and published works focus on the teaching of the Collaborative Change Model; Family Therapy and Interpersonal Violence; Adult Survivors of Abuse and Trauma; Complex Developmental Trauma and Compassion Fatigue. Ms. Barrett founded the Family Dialogue Project, a mediation program which strives to redefine relationships within families that have been impacted by allegations of abuse or differences that appear irreconcilable.

Training topics may include the **Collaborative Change Model, The Ethical Hazards of Compassion Fatigue and Vicarious Trauma**, and more + consultation is available upon request.



For more information, email Madison Goodmiller
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Harnessing the Natural Rhythm of Change and Healing in Working with Violence

One of the key ingredients in complex developmental trauma is that it is embedded within a relationship that should have had healthy protective attachment. Therapist and client relationship need to also harness the natural cycles of emotional social engagement. Traumatic events result in an experience of betrayal in the attached relationship. This accounts for much of the fight, flight, freeze, fix and submission difficulties of our clients. The myriad of difficulties accounts for the abundance of innovative interventions and treatment approaches that have been developed in recent years. This presentation will present the Collaborative Change Model; a practical three-tiered, cyclical strength-based meta blueprint; CCM is a relational contextual model. The CCM can be applied to all the models of trauma treatment as it harnesses the universal recursive nature of change. We will explore the repetitive cycles of trauma and will learn the Collaborative Change framework that utilizes the cycles of change when working in any and all treatment modalities.

The Potential Ethical Hazards of Compassion Fatigue and Vicarious Trauma

Compassion Fatigue and Vicarious Traumatization is emotional residue or strain of exposure to working with those suffering from the consequences of traumatic events and difficult life experiences throughout the lifespan. These words are used to describe the effect and impact that caring for others can have on our personal and professional life. We feel the feelings of our clients, experience their fears, dream their dreams. Eventually, we experience a fatigue as a result of this care. We aren't ourselves. Cognitive ability decreases, behavior and judgment are impaired. We experience isolation and loss of morale, depression, existential despair and increased anger and cynicism. Through didactic and experiential dialogue, the hope is to create an atmosphere to keep our helping professionals healthy so they may stay in the field longer, feel successful in their chosen career path, and remain ethically attuned to self and others in the face of helping those who have experienced trauma.

Consultation will also be available upon request!